



THE ULTIMATE

MELT & POUR SOAP

CHEATSHEET



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CERTIFIED AROMATHERAPIST

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Meet Your Guide, **KATIE VELDKAMP**

Hi there! Katie here.

Store-bought foaming hand soaps can be really fun to pick out. But they often contain SLS which is irritating to people with sensitive and dry skin. If you have persistent dryness or rashes, it is advisable to steer clear of products containing SLS.

Fragrance is another ingredient in almost all foaming hand soaps that you'll see on the shelf, but its composition is not disclosed and can be made with any chemical. Other ingredients like parabens and pegs are also found in many store-bought hand soaps, which should be avoided if you prefer a more natural lifestyle.

If you're ready to create your own toxin-free hand soap, you are in the right place! Many people find using essential oils to be confusing and overwhelming, often resulting in wasted money on unused bottles. However, it is possible to learn how to incorporate essential oils into daily routines effectively.

Want to know what got me interested in using essential oils? My stinky feet 😂. We needed a solution, so we developed a spray that used essential oils as its superpower. In our research for the foot spray, we learned that an essential oil is only considered pure if it passes a GC/MS test. We also learned that people overpay for pure essential oils, so we decided to do something about it. We believe that essential oils should be affordable and easy to understand. At Simply Earth, you will find only pure essential oils at honest prices, and we'll teach you how to use them.

Making your own foaming hand soap is just the beginning of using essential oils to make your personalized products. If you really want to dive into learning how to use essential oils, check out our Simply Earth Essential Oil Recipe Box. This box is our way of teaching you how to use essential oils with confidence and clarity in your own home.

Our Recipe Box will help you learn how to make new products using essential oils and other natural ingredients each month. We even give you a different diffuser blend to try each month. Plus, you gain access to an online community of other Earthie subscribers AND free access to my Essential Oil Hero Course! I hope that you'll give our Recipe Box a try. See you in the Facebook group!

To try our Recipe Box, go to www.simplyearth.com/box

Let's get creating!

💖 *Katie Veldkamp*

Certified Aromatherapist + Simply Earth Co-Founder



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What Are Melt & Pour Soaps?

Melt. Customize. Pour. Enjoy.

Melt & pour soaps are the easiest way to start making your own natural soaps—no lye, no curing time, no stress. These bases are already fully saponified (that's the chemical process that turns oils into soap), so all you have to do is melt them, add your favorite ingredients, and pour them into a mold. In minutes, you've made your own custom soap!



♥ WHY PEOPLE LOVE MELT & POUR SOAP?

🌱 **Beginner-friendly**

▶ **Fast—ready to use as soon as it cools**

😊 **Easy to customize with essential oils, colorants, and exfoliants**

🕒 **No dealing with lye or long cure times**

Now let's break down the two toxin-free bases you'll use in this guide.

✨ SHEA BUTTER SOAP BASE

A creamy, moisturizing base that's perfect for dry or sensitive skin.

Our Shea Butter Soap Base is made with nourishing oils and rich shea butter to give your soap a smooth, velvety feel. It creates a gentle, hydrating lather that leaves skin feeling soft—never stripped.

WHY YOU'LL LOVE IT:

- Ultra-moisturizing (great for winter skin!)
- Creamy, lotion-like lather
- Naturally gentle for dry or sensitive skin
- Pairs beautifully with soothing essential oils like Lavender, Frankincense, and Resilience

BEST FOR:

- Dry skin
- Sensitive skin
- Luxurious, creamy bars
- “Spa-like” soaps



✨ GLYCERIN SOAP BASE

Crystal clear, fun, and super customizable.

Our Glycerin Soap Base makes gorgeous, see-through soaps—perfect for embeds, swirls, layers, and bright colors. It's made with plant-based glycerin, a natural humectant that draws moisture to your skin while still giving a squeaky-clean feel.

WHY YOU'LL LOVE IT:

- Clear and beautiful—great for decorative soaps
- Hydrating thanks to natural glycerin
- Easy to color and layer
- Lets essential oils shine through with a lighter, cleaner lather

BEST FOR:

- Fun, colorful designs
- Embedded elements (flowers, loofahs, shapes)
- Everyday hand soaps
- Gifts that look “store-bought” but are totally natural



Melt & Pour Soap Base Comparison Chart

Feature	Shea Butter Soap Base	Glycerin Soap Base
Texture	Creamy, rich, velvety	Smooth, light, clear
Appearance	Opaque, creamy white	Crystal clear (great for designs)
Skin Feel	Deeply moisturizing, buttery	Hydrating, clean, slightly lighter feel
Best For	Dry or sensitive skin, winter skin, luxury bars	Everyday hand soaps, colorful or decorative soaps
Lather	Creamy, bubbly, slightly lotion-like	Light, bubbly, refreshing
Customization	Best with gentle scents and soft colors	Ideal for layers, embeds, swirls, bold colors
Pairs Well With	Lavender, Frankincense, Resilience, skin-soothing formulas	Citrus oils, fun designs, kid-friendly soaps
Look & Style	“Spa-like,” soft, nourishing	“Fun,” “creative,” “gift-ready”
Difficulty Level	Very easy	Very easy
Why Choose It	You want moisturizing, gentle soap	You want clear, beautiful bars with artistic flair

Best Essential Oils & Safer Fragrance Oils for Melt & Pour Soap

Natural scent + natural benefits = the dream team for soap making.

Below is a categorized guide to help you choose the perfect scent for your next melt & pour soap project.



🌿 ESSENTIAL OILS FOR MELT & POUR SOAP

Essential oils don't just make your soap smell amazing—they bring real skin-loving benefits.

Note: Essential oils can contain natural pigments that can tint the color of your soap. Keep that in mind as you dream up your next creation!

✨ For Calming & Relaxation (Great for bedtime soaps)

Sleepy Essential Oil Blend

- A soothing blend that promotes rest and relaxation.
- Perfect for calming nighttime handwashing or bath bars.



Lavender Essential Oil

- Gentle, floral, and universally loved.
- Known for calming irritated or stressed skin.



Basil Essential Oil

- Earthy and grounding.
- A surprising but beautiful pairing for spa-like soaps.



✨ For Brightening & Uplifting (Perfect for kitchen or morning soaps)

Tangerine Essential Oil

- Sweet, citrusy, and kid-approved.
- Known to brighten the mood and leave skin refreshed.



Citrus Burst Essential Oil Blend

- A juicy, sunshiny blend that smells like a summer kitchen.
- Great for soaps that need to “cut through” kitchen smells.



Blood Orange Essential Oil

- Fresh, happy, and vibrant.
- Wonderful for energizing morning routines.



✦ For Purifying & Freshness (Great for everyday hand soap)

Tea Tree Essential Oil

- Fresh + clean aroma.
- A go-to oil for purifying, clarifying, and heavy-duty handwashing.



Eucalyptus Essential Oil

- Crisp and refreshing.
- Best in soaps for colds, congestion, or that “spa steam room” feel.

(Note: Since eucalyptus irritates your sinuses, we can leave this out if preferred.)



✦ For Grounding & Cozy Soap Bars

Lava Essential Oil Blend

- Smoky, warm, and cozy.
- Gorgeous in fall or winter soaps, and pairs beautifully with charcoal designs.



Frankincense Essential Oil

- Earthy, resinous, and luxurious.
- A favorite for mature, dry, or sensitive skin.



Cedarwood Essential Oil

- Woodsy and calming.
- Ideal for men’s soaps, cabin vibes, or holiday batches.



✦ For Soft, Clean, Spa-Like Skin Support

Basil Essential Oil

- Herbaceous and fresh.
- Great for calming stressed skin and adding an herbal twist.



Resilience Essential Oil Blend (Optional Add-On)

- Herbaceous + bright.
- Great for skin-soothing formulas and “self-care” soaps.



✦ For Kids & Fun Soaps

Tangerine Essential Oil

- Sweet, soft citrus that’s gentle for most skin types.



Citrus Burst Essential Oil Blend

- A cheerful kid-friendly scent for bright, happy bars.



Unicorn Essential Oil Blend

- Magical, floral + citrus, and joy-filled for any project where fun is the goal



✦ For Skin-Loving Luxury

Frankincense Essential Oil

- Nourishing, grounding, and beautifully complex.



Lavender Essential Oil

- The classic choice for gentle, sensitive-skin recipes.



Geranium Essential Oil

- Floral and richly supportive for dry or mature skin.



✨ SAFER FRAGRANCE OILS FOR MELT & POUR SOAP

Safer Fragrance Oils add fun, clean, consistent scents without the mystery ingredients found in most store-bought fragrances. Use Safer Fragrance Oils when strong long-lasting designer inspired scents are your goal.

🍮 Crème Brûlée Safer Fragrance Oil

Warm • Sweet • Dessert-Inspired

- A cozy, creamy bakery scent with vanilla sugar goodness.
- Perfect for: holiday soaps, dessert-themed gifts, or cozy fall batches.

🌿 Coastal Cactus Safer Fragrance Oil

Clean • Fresh • Modern

- A breezy, spa-like aroma with aquatic and subtly green notes.
- Perfect for: minimalist aesthetic soaps, gift sets, or everyday bathroom bars.

✨ Saffron Cedar Safer Fragrance Oil

Sophisticated • Smoky • Elegant

- A luxurious blend of saffron, soft woods, and subtle spice.
- Perfect for: high-end soaps, masculine bars, and spa gift sets.

🌴 Caribbean Teakwood Safer Fragrance Oil

Bold • Woodsy • Warm

- A rich blend of teakwood, leather, and tropical spice.
- Perfect for: men's soaps, cabin vibes, or "vacation-in-a-bar" soaps.

🌲 Mountain Spruce Safer Fragrance Oil

Cool • Evergreen • Outdoorsy

- Smells like a crisp walk through pine trees after fresh snowfall.
- Perfect for: winter soaps, nature lovers, and holiday gift bundles.

🔥 Palo Santo Safer Fragrance Oil

Earthy • Warm • Spiritual

- A soft, grounded aroma inspired by traditional palo santo—without synthetic harshness.
- Perfect for: grounding blends, yoga/spa soaps, or earthy fall bars.

Best Tools for Melt & Pour Soap



1. Heat-Safe Measuring Cup

- A glass or silicone measuring cup makes melting and pouring easy.

2. Double Boiler or Microwave

- Both work! Melt the base slowly to prevent bubbles from forming.

3. Silicone Spatula

- Ideal for stirring without scraping or trapping air.



4. Silicone Soap Molds

- The easiest molds to unmold—no sticking, no fuss.
- Perfect shapes: rectangles, rounds, flowers, hearts, or fun kid-friendly designs.

5. Spray Bottle with Rubbing Alcohol

- A secret weapon to:
 - Remove bubbles
 - Help layers stick together
 - Give soaps a smooth, professional finish



6. Cutting Tool

- A soap cutter or non-serrated kitchen knife works great for slicing your base into meltable cubes.

7. Digital Scale (Optional)

- Helpful for precise ingredients, especially for colorants and essential oils.



8 Common Mistakes People Make With Melt & Pour Soap

And how to avoid them so your soaps always turn out gorgeous!

Even though melt & pour soap is the easiest way to start making your own soaps, there are a few sneaky mistakes that can lead to cloudy bars, broken layers, or scents that disappear faster than you can say “Whoops!”

Here are the most common pitfalls—plus how to fix them.



Mistake #1: Overheating the Soap Base

What happens:

Your soap gets bubbly, scorches, or looks cloudy.

How to avoid it:

Melt slowly in the microwave in 10–15 second bursts stirring between each burst or use a gentle double boiler stirring occasionally. Ideal pouring temp: 125–140°F.



Mistake #2: Adding Too Much Oil or Butter

What happens:

Bars turn soft, oily, or won't fully harden.

How to avoid it:

Keep add-ins like carrier oils to 1 tsp per pound. Melt & pour bases already contain balanced oils—less is more!

Mistake #3: Adding Ingredients That Don't Mix (Looking at you, water!)

What happens:

Separation, soft or grainy texture, or ruined batches.

How to avoid it:

Avoid adding:

- Water
- Aloe juice
- Witch hazel
- Liquid soaps

Stick to oil-based or powder-based ingredients.

(Note: sometimes I add one of these ingredients when I'm going for a softer product with cleansing benefits, but as a general rule for a solid bar of soap, you'll want to avoid the ingredients listed above in melt and pour recipes).





Mistake #4: Pouring Layers Without Spraying Alcohol

What happens:

Layers peel apart like a stack of sticky notes.

How to avoid it:

Spritz each layer with rubbing alcohol before pouring the next one—this helps everything stick beautifully.

Mistake #5: Adding Essential Oils at the Wrong Temperature

What happens:

Your scent fades or smells "off."

How to avoid it:

Let the soap cool slightly before adding oils—130–140°F is the sweet spot.



Mistake #6: Using Ingredients That Brown or Fade

What happens:

Your soap turns tan, or the color lightens over time.

How to avoid it:

Know which botanicals or fragrances discolor soap. Choose stable micas, pigments, or clays for long-lasting color.

Mistake #7: Not Stirring Gently

What happens:

Lots of bubbles trapped inside your bar.

How to avoid it:

Stir slowly and calmly (no whisking!). And have rubbing alcohol handy to spritz away surface bubbles.



Mistake #8: Rushing the Unmolding

What happens:

Dented, squished, or cracked bars.

How to avoid it:

Let soaps cool fully—usually 2–4 hours. Pop them in the fridge for 10 minutes at the end if you're impatient.

✨ Tips for Melt & Pour Soap

Little tricks that make a BIG difference.

These tips will take your melt & pour soaps from “cute” to “WOW—did you really make that?!” Whether you’re brand new or a seasoned soap crafter, these simple tricks will help you get smooth pours, rich colors, and perfect scents every time.



Tip #1: Cut Your Base Into Small Cubes

These tips will take your melt & pour soaps from “cute” to “WOW—did you really make that?!” Whether you’re brand new or a seasoned soap crafter, these simple tricks will help you get smooth pours, rich colors, and perfect scents every time.



Tip #2: Melt Low & Slow

Use 10–15 second microwave bursts stirring between each burst or a gentle double boiler, stirring occasionally. Stop heating as soon as the last chunks disappear.



Tip #3: Add Essential Oils at the Right Temperature

Let your soap cool slightly before adding oils—130–140°F helps preserve scent strength.



Tip #4: Spray Rubbing Alcohol to Remove Bubbles

A quick spritz on the surface pops air bubbles instantly and gives your bars a smooth, shiny finish.



Tip #5: Prep Your Colorants for Better Results

Mix mica or pigment with a tablespoon of melted soap or a small amount of rubbing alcohol before adding to the whole batch—no clumps, no streaks.



Tip #6: Want Layers? Use Alcohol Between Each Pour

Always spray each layer with rubbing alcohol so they stick together and don’t separate later.





Tip #7: Don't Stir Too Fast

Slow, gentle stirring keeps air bubbles from forming. Think “calm circles,” not “whisking eggs.”



Tip #8: Don't Add Water-Based Ingredients

Ingredients like water, aloe juice, witch hazel, or extracts with water can cause your soap to separate. Stick to oils, powders, or glycerin-based add-ins.



Tip #9: Keep Add-Ins Light

Extra oils, butters, or exfoliants should be used sparingly—too much can soften your bar or cause crumbling.



Tip #10: Let Finished Soaps Cool Completely

Patience wins! Allow 2–4 hours for your soaps to fully harden before unmolding.



Tip #11: Store Finished Soap in a Dry Spot

Humid bathrooms may cause glycerin dew (“sweating”). Wrap bars in plastic or store them in airtight containers to keep them looking perfect.



Tip #12: Use Silicone Molds for Easiest Unmolding

They flex beautifully and release your soap without dents or cracking.



Tip #13: Want a Stronger Scent? Test Small Batches First

Every oil behaves differently in soap. Start with 0.5–1% fragrance load and adjust based on your preferences.

Shopping List:

Ready to Try Melt & Pour Soap? Here's What You'll Need...

Before you start piecing together supplies one by one, let's make this super simple.

Making melt & pour soap is a blast—but finding all the oils, colorants, bases, and tools can feel like a DIY scavenger hunt. That's exactly why we created the Simply Earth Essential Oil Recipe Box. Each month we deliver everything you need to make several natural recipes—including melt & pour soap—right to your doorstep.

No ingredient hunting. No second-guessing. Just open your box and start creating.

If you prefer to shop individually, here's your melt & pour soap supply list.



Melt & Pour Soap Shopping List

(Or... skip the list and get everything you need in this month's Recipe Box!)

Essential Oils & Blends in This Month's Box

- Sleepy Essential Oil Blend
- Lava Essential Oil Blend
- Tangerine Essential Oil
- Basil Essential Oil

Extras Included in This Month's Box

These are the bonus ingredients you'll use in multiple recipes—including soap:

- Foaming Hand Soap Tablet
- Glycerin Melt & Pour Soap Base
- Fuchsia Mica Powder

Melt & Pour Ingredients You'll Use

- Shea Butter Soap Base (optional add-on if you want a creamy bar)
- Glycerin Melt & Pour Soap Base (included)
- Mica or pigment powders (included: Fuchsia)

Recipes You'll Make in This Month's Box

You'll have the ingredients you need for:

- Ignite & Inspire Diffuser Blend
- Sweet Slumber Roll-On
- Citrus Breeze Foaming Soap (uses the Foaming Tablet)
- Lava Love Soap Bar
- Cotton Candy Sugar Soap
- Silky Hand Saver Balm

Tools You'll Want on Hand

- Silicone soap mold
- Microwave or double boiler
- Heat-safe measuring cup
- Silicone spatula
- Rubbing alcohol in a spray bottle
- Knife or soap cutter

Want the Easy Button? Get the Recipe Box.

Instead of grabbing each item separately, the Recipe Box gives you:

- ✓ The essential oils you need
- ✓ The extras and colorants
- ✓ Step-by-step recipes
- ✓ A new diffuser blend every month
- ✓ Our Earthie community
- ✓ Free access to the Essential Oil Hero Course

All wrapped into one inspiring box designed to help you create confidently.

 Get your box here:

www.simplyearth.com/box



Lava Love Soap Bar



FROM YOUR BOX

- 5 cubes (~1.6oz) Glycerin Melt & Pour Soap
- 1 pinch Fuchsia Mica Powder
- 8 drops Lava Essential Oil Blend
- Simply Earth Soap Mold



FROM YOUR HOME

- Optional: Isopropyl alcohol in a spray bottle (to reduce bubbles)

- 1 Place 5 cubes of soap base into a heat-safe bowl or double boiler.
- 2 Gently melt the soap in a microwave-safe bowl (stirring between 10-15 second intervals in the microwave) or over a double boiler until fully melted.
- 3 Stir in the mica powder until evenly colored.
- 4 Add the essential oil and mix gently.
- 5 Pour into the soap mold. Spritz the top with isopropyl alcohol if bubbles appear.
- 6 Let harden completely (about 1–2 hours), then pop out of the mold.
- 7 To use, wet hands, lather, and rinse.





Citrus Breeze Foaming Soap



FROM YOUR BOX

- 1 Foaming Hand Soap Tablet
- 30 drops Lava Essential Oil Blend
- 25 drops Tangerine Essential Oil
- 5 drops Basil Essential Oil



FROM YOUR HOME

- 10oz Distilled water
- 🛒 10oz Foaming Handsoap Dispenser
- 🛒 0.6% Geogard ECT (about 15 drops), optional

- 1 Add the Foaming Hand Soap Tablet to a 10 oz foaming soap dispenser.
- 2 Pour in 10 oz distilled water, leaving a little room at the top.
- 3 Add the essential oils and preservative (if using).
- 4 Gently swirl to combine.
- 5 To use, pump into wet hands, lather, and rinse clean. Use within one month if not using preservative. With preservative, use within 9 months.

✨ If you use warm water, your tablet will dissolve slightly faster





Cotton Candy Sugar Soap



FROM SIMPLY EARTH

- 1 cube (~0.3 oz) Glycerin Melt & Pour Soap Base
- 1 pinch of Fuchsia Mica Powder
- 2 Tbsp Almond Oil
- 8 drops Lava Essential Oil Blend
- 8 drops Sleepy Essential Oil Blend
- 3 drops Tangerine Essential Oil



FROM YOUR HOME

- 10oz Distilled water
- 🛒 10oz Foaming Handsoap Dispenser
- 🛒 0.6% Geogard ECT (about 15 drops), optional

- 1 Place 1 cube of soap base into a heat-safe bowl or double boiler.
- 2 Gently melt the soap in a microwave-safe bowl (stirring between 10-second intervals) or over a double boiler until fully melted.
- 3 Stir in a pinch of mica powder until evenly colored.
- 4 Add the Almond Oil and stir until combined.
- 5 Stir in the essential oils along with the Geogard ECT if you choose to use it.
- 6 Add the sugar and stir until well combined.
- 7 Transfer to a small jar with a lid.
- 8 Scoop up a small amount, lather with water, and massage into skin for gentle cleansing and exfoliating benefits. Rinse clean. If not using preservative, use within one month from first use.
With preservative, use within 9 months.

2026
DIY KIT
RECIPE



Sunset Float Soap



FROM SIMPLY EARTH

- 2lb (divided) Shea Butter Melt & Pour Soap Base
- 1 1/2 tsp (150 drops) Citrus Burst Essential Oil Blend
- 1 tsp (100 drops) Coastal Cactus Safer Fragrance Oil
- 1.5g package Fuchsia Mica Powder
- 1.5g package Yellow Gold Mica Powder
- Loaf Soap Mold
- Perfumer's Alcohol
- Spray Cap
- 2 Paper Straws
- Labels
- Soap Wax Paper

FROM YOUR HOME

- Thermometer
- Skewer (or similar tool)
- Hand mixer with whisk attachment
- Non-serrated knife or soap cutter
- Tape

- 1 Cut the soap base into 1-inch cubes, place the Spray Cap on the Perfumer's Alcohol, and cut both straws into three equal pieces into (so you end up with six pieces). Set aside.
- 2 Place 26 oz (about 3/4 of the package) of the cubed soap base into a double boiler or microwave-safe container. Melt gently, stirring occasionally, until fully liquefied.
- 3 Remove from heat and stir in the essential oil and safer fragrance oil until well combined.
- 4 In two pitchers, divide the melted soap evenly.
- 5 To the first pitcher, add Fuchsia Mica Powder. Stir until smooth. To the second pitcher, add Yellow Gold Mica Powder. Stir until smooth. Let both pitchers cool to 125–135°F (or until a light skin starts to form).
- 6 Slowly pour both colors into the mold at the same time, rotating to create a swirling pattern. Drag a skewer or similar tool through the soap in a swirling motion a few times to help define swirls. Set aside to cool.
- 7 While the swirl layer cools, melt the remaining soap base.



Sunset Float Soap cont'd

- 8 Once the soap has melted and then cooled slightly to 150 °F, use an electric whisk to whip the soap until a thick, fluffy (similar to whipped cream), and still warm consistency is achieved.
- 9 Generously spritz the surface of the swirl layer with Perfumer's Alcohol. Quickly spoon or pipe the whipped soap on top. (Tip: the topping becomes harder to work with as it cools, so work quickly.)*
- 10 Insert the straw pieces into the whipped soap, placing three on each side—evenly spaced like the six dots on a dice.
- 11 Let the soap cool and harden completely—this usually takes several hours. To speed things up, place the mold in the fridge.
- 12 Gently pull the sides of the mold away from the soap, then press from the bottom to release. If it feels a little stubborn (especially with a brand-new mold), just take your time—the soap will come free.
- 13 Using a non-serrated knife or soap cutter, cut straight down the center, then make three even horizontal cuts. You'll end up with six rectangular bars — each topped with whipped soap and a straw.
- 14 Wrap the soap with a Soap Wax Paper and secure with tape. Add label.

★ Tip: Your Soap's Secret Ingredient? Temperature!

The right temps in this recipe give you dreamy, defined swirls and a whipped top that holds its “whipped cream” peaks. Too hot and your colors will blend together; too cool and your soap topping won't fluff. Your thermometer = your swirl + foam superpower!

*If you end up with any extra soap, you can remelt it, pour it into a mold, and use it for future whipped soap projects.



Lovely Loofah Melt & Pour Soap



FROM SIMPLY EARTH

- 12 Cavity Round Silicone Mold
- 12 Loofah Rounds
- 1 oz Perfumer's Alcohol (with spray nozzle)
- 20 oz (~2/3 of block) Glycerin Melt and Pour Soap Base
- 100 drops (1 tsp) Ylang Ylang Essential Oil
- 200 drops (2 tsp) Blood Orange Essential Oil
- 1/4 tsp Pearl Mica Powder
- 1/4 tsp Fuchsia Mica Powder
- 1/4 tsp Tiger Orange Mica Powder
- 12 Circle Soap Wraps

FROM YOUR HOME

- 3 medium heat proof pitchers (liquid measuring cups, glasses, or similar tool)
- Scissors
- Tape

- 1 Place 1 Loofah Round into each cavity of the mold. Some loofah pieces may be slightly too large for the mold. If necessary, use sharp scissors (or a serrated knife) to trim the loofah pieces to fit.
- 2 Use scissors to trim the straw of the spray nozzle to fit the Perfumer's Alcohol bottle. Attach the spray nozzle to the bottle. Then, spray the prepared mold with Perfumer's Alcohol and set the mold and the spray aside.
- 3 Cut and weigh out 20 oz of soap base or cut the soap base into thirds. Place one third of the soap back into its original packaging for future DIY soap projects. Cut the remaining 20 oz (two-thirds) of soap into 1-inch cubes.
- 4 Melt the soap in a double boiler (or in the microwave, stirring every 30 seconds).
- 5 Once the soap is just melted, remove from heat. Add the essential oil and stir.
- 6 Set out three medium heatproof pitchers (or similar containers) from your home. Divide the soap into the pitchers. In each pitcher add one shade of mica powder and stir until each soap is one uniform color (you should end up with one pitcher of fuchsia soap, one pitcher of tiger orange soap, and one pitcher of pearl white soap).



Lovely Loofah Melt & Pour Soap cont'd

- 7 Then, simultaneously pour soap from two pitchers into a single cavity of the mold (so you end up with two colors of soap swirled together in the mold). Alternate between the three pitchers of soap until each cavity is filled. Remelt the soap as needed to pour. If you end up with any extra soap, pour the extra soap into a separate mold or container to remelt for future projects.
- 8 Lightly spritz Perfumer's Alcohol on the tops of the soap bars to remove any bubbles.
- 9 Allow the soap to cool and set. Once the soap has set, remove it from the mold.
- 10 To package the soap, place the soap in the center of the Soap Wraps and wrap it around the soap. The liner won't quite cover the entire soap. Secure the Soap Wrap by placing a piece of tape across the soap. Finish the soap by placing the label over the small gap.
- 11 To use, wet the skin and apply the soap to cleanse and exfoliate.





Silky Hand Saver Balm



FROM SIMPLY EARTH

- 1 Tbsp Coconut Oil (Solid)
- 1 Tbsp Beeswax
- 2 Tbsp Almond Oil
- 12 drops Sleepy Essential Oil Blend



FROM YOUR HOME

- 🛒 2oz jar

- 1 Combine Coconut Oil and Beeswax in a double boiler (or in a microwave using a heat-safe bowl and 30-second intervals) and gently melt.
- 2 Stir in the Almond Oil until fully combined.
- 3 Remove from heat and allow to cool slightly.
- 4 Add the Sleepy Essential Oil Blend and mix well.
- 5 Pour into a 2 oz jar and let solidify at room temperature.
- 6 To use, massage a small amount into hands after washing to keep skin soft and nourished.



#IMadeThis + Free Workshop

Snap a pic of your DIY creation and post in the Simply Earth Facebook Group with #IMadeThis!

We love cheering you on, and each month we feature a winner who gets a \$100 Simply Earth gift card.

Want to see how we make these recipes in real time? Join us live for our Soap Workshop where we'll make the Melt & Pour Soaps and you can vote to choose what Recipe Box Recipe we make live!



Want a DIY Adventure?

Check out Simply Earth's Recipe Box

12+ months of different Natural DIY products + access to that topic's Hero Course!



simply earth®

DIY Soap

WHAT'S INSIDE?

- ✓ Sleepy Essential Oil Blend
- ✓ Lava Essential Oil Blend
- ✓ Tangerine Essential Oil
- ✓ Basil Essential Oil

EXTRAS:

- ✓ Foaming Hand Soap Tablet
- ✓ Glycerin Melt & Pour Soap Base
- ✓ Fuchsia Mica Powder

FREE BIG BONUS BOX

- ✓ Ignite & Inspire Diffuser Blend
- ✓ Sweet Slumber Roll-On
- ✓ Citrus Breeze Foaming Soap
- ✓ Lava Love Soap Bar
- ✓ Cotton Candy Sugar Soap
- ✓ Silky Hand Saver Balm



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Make Your Own Melt and Pour Soap



simply earth®

DIY Sunset Float Soap Kit

Natural, Fast, and Easy to Make

WHAT'S INSIDE?

- ✓ Citrus Burst Essential Oil Blend
- ✓ Coastal Cactus Fragrance Oil

EXTRAS:

- ✓ Shea Butter Melt & Pour Soap (2lb)
- ✓ Fuchsia Mica Powder (1.5g)
- ✓ Yellow Gold Mica Powder (1.5g)
- ✓ Perfumer's Alcohol (1oz)
- ✓ Fine Mist Spray Nozzle (4oz)
- ✓ Loaf Soap Mold
- ✓ Soap Wax Paper (6pcs)
- ✓ Pink Straw (2pcs)
- ✓ Labels (6pcs)

RECIPE

- ✓ Sunset Float Soap

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